



## Spiritual Guidance & Channeling Consent Form

Client Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

May we send you text reminders prior to your sessions? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you interested in being added to our Newsletter? Yes \_\_\_\_\_ No \_\_\_\_\_

### **SPIRITUAL GUIDANCE & HEALING PRACTICES**

As a Spiritual Guide, to the best of my ability, I will bring you back into your own heart & soul. Different teachings, tools, and philosophies resonate with different people. Below is a sampling of what I may share with you.

***Ayurveda Medicine – Yoga’s 5000 - year old sister science of self-healing as one in body mind and spirit. All practices and teachings are grounded in alignment with Dr Vasant Lads.***

What elements make up your body - how they affect you

Diet - What foods help calm your elements

Daily Life Style Tools - Oiling the body, cleaning the tongue, etc.

***Yoga Principals:*** Asana (postures) Breathwork, Meditation

***Life Coaching:*** Techniques from Life Purpose Institute

***Numerology:*** What are Angel numbers?

***Other Healing tools:*** Aromatherapy, Color Gem Stone, Marma Point / Pressure Point Massage, Sound healing

***Positive Self Talk:*** Techniques & tools developed by Lea Rowley

***Spirituality:*** Guiding you back into your own heart and soul.

Yoga is a philosophy, lifestyle and for some a spiritual practice. Ayurveda Medicine is Yoga’s 5000 - year old sister science and is India’s government sponsored medical system to practice

preventative health care. Both Yoga and Ayurveda Medicine are holistic, stating that true healing must occur on all levels of being: Physical, Emotional, Mental and Spiritual.

All of the above healing modalities used in Ayurveda and Yoga are complementary to Western medicine; and as such, should not be construed as a substitute for either a medical diagnosis or the services of a physician and or psychologist.

### **CHANNELING**

To the best of my ability, I will channel messages from the Divine, Creator, God, Who Ever you deem to be Supreme. Universal Beings, Ascended Masters, Angels, Spirit Guides family members and friends that are in other realms may also come forward. ***I ONLY channel Beings from positive loving caring spiritual realms.***

***I CAN NOT guarantee specific questions you ask will be answered.*** What is revealed to you is what the Universe feels you are ready to hear, be with and awaken to.

***I CAN NOT guarantee a specific Being will come forward.*** On earth as it is in heaven, all of us have free will. If a Being is not ready to connect they will not come forward.

### **ENERGY**

I can feel energy blockages in your body, mind, and spirit. If you so wish I can identify where you these energy blockages. These blockages are from mental, physical, emotional, and spiritual trauma(s) that are ready to be healed.

What is revealed to me is only what your higher-self, God and your lower mind (the ego) reveals to me or allows me to see, feel and bring forth for you.

***Booking Appointments:*** All sessions are pre-pay only and booked through our website. Four (4) hour notice must be given before scheduling same day sessions.

***Extended Sessions:*** If you so wish and Lea's schedule permits, your session may run over your booked time slot. Every minute starting after your originally scheduled time slot, will be calculated based on the single session rate or the package rate you purchased.

For example

You purchased a single 50-minute session for \$170.00. Your scheduled time slot is from 1:00 p.m. to 1:50 p.m. Coming to the end of your session you determine you would like extend the session another 15 minutes. The additional 15 minutes would be calculated as follows. Minus any membership discounts you have coming.

#### **50 MINUTE**

50 - minute Single rate

$\$170.00 / 50 \text{ minutes} = \$3.40 \text{ per minute}$

$\$3.40 \times 15 \text{ minutes} = \$51.00$

Your credit card will be billed for an additional \$51.00

**50 - minute Package rates**

Package of 3 costs \$459 = \$3.06 per minute  
Package of 7 costs \$1011 = \$2.88 per minute  
Package of 10 costs \$1275 = \$2.55 per minute

**25 – minute single rate**

\$135.00 = \$5.40 per minute

**25 – minute Package rates**

Package of 3 costs \$363 = \$4.84 per minute  
Package of 7 costs \$799 = \$4.56 per minute  
Package of 10 costs \$1,007 = \$4.03 per minute

**Zoom Sessions 50 minutes**

1 single session costs \$250 = \$5.00 per minute  
Package of 3 costs \$683 = \$4.55 per minute  
Package of 7 costs \$1,463 = \$4.18 per minute  
Package of 10 costs \$1,932 = \$3.86 per minute

***Paperwork:*** Must be signed and returned prior to your first appointment. If paperwork is in complete or not signed before your first session, the session will be cancelled and you will be charged the full rate of the session.

***Cancellation Policy:*** At least 48 hours advanced notice required. If notice is not given within 48 hours the appointment will be charged in full.

***I have read and understood the above***

---

***Printed name***

---

***Signature***

---

***Date***

*Lea Rowley*  
*Channeling the Divine Speaking Universal Truth Worldwide*  
*720-233-2397*  
[www.ascensionbodymindspirit.com](http://www.ascensionbodymindspirit.com)